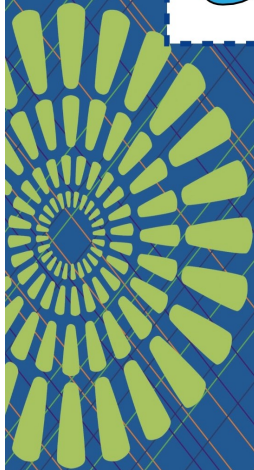




# March

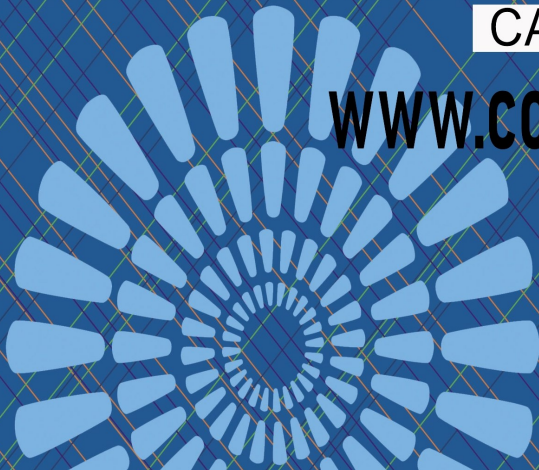
CLUB NEWS

2024



COMMUNITY DANCE  
CAPITAL DISTRICT

[www.communitydance.org](http://www.communitydance.org)





## PRESIDENTS REPORT

Janice Fendall



Farewell to our Beloved Promenader

As we bid Farewell to a historical part of our Dance Community Communications, known as the Promenader, may we look forward to all the exciting news and the new upcoming ways of communication.

Many, many thanks to Mary & Brent Hagstrom, Charlie and Rose Dalton, Geraldine & Adrian Rootsart, Jim and Sheila New, Reg and Shirley Quinton, Gordon and Agnes Nolte and the Tomlinsons as some of the past editors of this very important communication tool. Our dance community members had come to love it, to read with great anticipation to learn about coming events and club news. As we move forward, this same information will be produced as part of the CDCDA website and will be communicated thru our email. Be sure to read the twice monthly newsletter from the CDCDA Upcoming Events and visit the CDCDA website Dance feed <https://www.communitydance.org/event-ads/> and the CDCDA online calendar <https://www.communitydance.org/calendar/>

Reach out to us, [cdcdainfo@gmail.com](mailto:cdcdainfo@gmail.com) if you need help in posting your club events on the website, updating your club webpage or anything that will enhance communication to all the members of our dance community.

Thank you  
Janice Fendall  
President - CDCDA

**My grandson made the mistake of telling me I was being overdramatic so I just changed the WiFi password. We'll see who's overdramatic in about 5 minutes.**



## A Message from Mary

Who knew a simple coffee conversation to learn more about the Promenader would turn into 6 years and 21 Promenader Publications later?

This volunteer role has been a pleasure as I chatted with so many of you to assist you in helping you promote your club. Some of you I have only met over email and others eventually face to face at a dance. I could not have done it without the support of 3 special ladies. A big Thank You to Barbara Hostyn for assisting me with editing for 5 years. Being new

to square dancing, she also helped me understand the dance culture and offered advice on how to best communicate the information through the Promenader. We often had challenges gathering or interpreting the information submitted but Barbara with her super sleuth skills and her hand on the pulse, she always found the answers and without her we would not have met the deadlines.

When Barbara H. moved on to new endeavors, another wonderful Barbara stepped in to help me. Barbara Rehn took over the role of editor with many late night edits due to her already very busy volunteering life. You know the saying..."If you want something done, you ask a busy person" Barbara Rehn committed to helping me with the Promenader as long as it remained an effective communication tool.

A final thank you goes out to Janice Fendall for always making herself available by phone or via email whether she was in town or sitting on a beach somewhere. She always jumped in to clarify whether something should be in the Promenader or if it should be communicated differently. I appreciate Janice's positive leadership as we make the transition of discontinuing the Promenader as we have known it to a more forward thinking option of making the information available immediately through the website.

Although most of my time was spent coordinating all of the club content, I learned that it was the jokes that became very popular. As we say farewell to this communication tool, I have included some extra jokes within this final publication for your enjoyment.

In closing, Brent and I will continue to dance with the Country Sunshiners and we hope to see you when we visit your club or at one of the summer dances.

See you on the dance floor,

Mary Hagstrom  
Promenader Editor







## Boyle Twilight Twirlers

We are still having fun continuing with our weekly Friday evening dancing from 7 to 9 PM at the Boyle Seniors Drop-In Centre. What a treat to have guest caller Dave & Doreen Kurney at our Christmas Dance. In lieu of admission dancers donated food to the local food bank.

We entertained the residents at the Wildrose Villa in Boyle and look forward to Pleasant Valley Lodge April 20<sup>th</sup>.

A special dance will be held on June 7<sup>th</sup> in celebration of Seniors Week. This will be an afternoon dance, potluck, and possibly dancing after supper. Watch for more information to follow.

Phil & Jo Sedgwick are our caller couple. In appreciation we gifted them with an embroidered Callers Banner.

We love visitors but ask that you call before driving out to make certain we are dancing as per schedule.

*Reuben & Mary Coleman*





Over the past few months our club has held a number of special dances. On November 24, we held a Western night dance where many of our dancers dressed up as cowboys and cowgirls. We had country-themed decorations and food. Our special guests were the Wild Rose Old Tyme Fiddlers, who provided live music. On December 15, we held our Christmas dance. We enjoyed a delicious catered dinner, followed by some carol singing, and then the dance. On January 12th, we held a graduation ceremony for our 7 Fast Track dancers. They have completed the basic moves and are now learning the mainstream moves. On January 26<sup>th</sup> we held Hawaiian night where many of our dancers dressed in tropical garb. A tropical atmosphere was created through the decorations and the food, as well as the summer clothing of the dancers. On February 9<sup>th</sup> we held a Valentine's dance, where many of our dancers wore red or pink. The dancers received dance cards, and were asked to sign up various partners until their dance card was full. We enjoyed visitors from several clubs making it a full dance floor of usually 6 squares.

We also have a few upcoming special events. On March 1st, we will have a singing call night, consisting only of singing calls with Wayne Russell joining Murray Few for a fun evening. Ken Sipe will be our caller on March 15th for our St. Patrick's Day Dance. On April 5th we will hold a high tea dance. Dancers are encouraged to dress up in their finery. Later in the evening, we will be serving an English-style high tea. Then on April 12<sup>th</sup>, we will hold our AGM, where we will elect our new executive and discuss other business matters. This will be followed by our final dance at 7:30 PM. **We invite you to come and dance with us at Duggan Hall, located at 3728 106 St. NW every Friday at 7 PM.**

We plan to hold our regular "Taste of Square Dancing" events sometime in May and August. We will likely schedule two nights, but dates have not been firmed up yet. If you have friends or family interested in learning to square dance, check our website for details: [CountrySunshiners.com](http://CountrySunshiners.com).

Submitted by Faye Malsbury, Club secretary

**Amal & Juan are identical twins. Their mom only carries one photo because if you've seen Juan you've seen Amal...**



## *Crossfire Advanced 2024 with Gary Smith*

**Tuesday Evenings 7pm-9pm**

**Belmead Community Hall  
9109 182 St NW, Edmonton AB T5T 2Y9**

Are you a Plus dancer looking for more fun and challenge? The 'Advanced' program consists of two levels: 'A1' and 'A2'. We plan to complete the A2 level by April 30<sup>th</sup>, the last dance date for this season. We start all over again with 'A1' on October 1, 2024, and every Tuesday evening. We are a small group with lots of fun and laughter. And we even do 'Singing calls'! Join us and help to keep the opportunity to learn the Advanced level alive and well in Edmonton.

**This program requires competency in Mainstream and Plus.**

**Gary and Eileen Smith - 780 990-4042**

**Cell 780 706-1716, [eileensmith778@gmail.com](mailto:eileensmith778@gmail.com)**



## ***Crossfire PLUS 2024 with Gary Smith***

**2024 dates: February 25<sup>th</sup>, March 10<sup>th</sup>, March 24<sup>th</sup>,  
April 14<sup>th</sup> and April 21<sup>st</sup>**

**Sunday afternoons 2pm-4pm**

**Belmead Community Hall  
9109 182 St NW, Edmonton AB T5T 2Y9**

**We continue to dance through the PLUS program list, featuring up to three calls each Sunday afternoon, and from multiple positions. We are stretching the mind, and we enjoy the support and camaraderie between the dancers.**

**You must be a Plus level dancer to attend. We continue to follow our philosophy of strengthening your dancing skills, by introducing you to new material. It's a light hearted fun social group. Diverse popular music!**

**Gary and Eileen Smith - 780 990-4042,**

**Cell 780 706-1716, [eileensmith778@gmail.com](mailto:eileensmith778@gmail.com)**



## *“FUN STEPS”*

### *CHOREOGRAPHED / CUED BALLROOM DANCE*

What a fabulous group of dancers Edmonton & area has. We hear a lot of dance clubs are experiencing new dancers to our great activity and we look forward to seeing it continue. One way to get the word out is to share fun information about your dancing to your Facebook. Get your friends to like and share too. The more people that know about our wonderful activity, the better it is for attracting new dancers.

We have a wonderful group of new dancers on Tuesday morning. They are having fun and learning the basic Two Step until May 1<sup>st</sup>, 2024, and our afternoon group are learning more of Phase II / III Waltz.

Our Wednesday evening Phase III/IV/+ group are having fun learning more rhythms (Quickstep, Bolero).

Plans are in place to start a new dancer group to learn Basic Waltz/Two Step on Sunday evenings at Belmead Community Hall so watch for more information to be posted at the Community Dance website.

Central Alberta Association is sponsoring a Phase II, III teach and dance at the Kozy Korner Seniors Centre in Lacombe on Sunday, April 14 from 01:00 TO 04:00 PM, see the flyer for more information on the Community Dance website. Please consider joining us for an afternoon of dancing and supporting our Central Alberta Association.

Mary & Bruce will be leading a Phase III/IV Weekend at the Holiday Ranch (west of Innisfail), May 31, June 1 & 2. We hope to see a lot of familiar faces there for the weekend and maybe even some new ones.

**Keep Reading...** 





**CONTINUED**

**"FUN STEPS"**

**CHOREOGRAPHED / CUED BALLROOM DANCE**

July 17 through the 20<sup>th</sup>, Mary & Bruce we will be attending the Canadian National Festival in Calgary, with 650 participants and 80 + callers, cuers. If you haven't already registered for the festival, although the numbers are filled, they are maintaining a Wait List in the event someone needs to cancel, so you can still send in your registration, and you will be placed onto the Wait List. We are looking forward to the festival and meeting some people in person that we have only ever met through our Zoom Dancing that we have been doing through Covid, and are still doing, due to the request of the dancers.

As always, we think of our dancers who are no longer able to dance due to illness, etc., and look forward to seeing them return to the dance floor.

Submitted by:

Mary & Bruce Nelson



The distance it takes for me to forget a number between 1 and 10



**HAPPY  
HOMESTEADERS**



**LEDUC ALTA.**

## ***HAPPY News in Leduc***

***By Dominique Vrolyk & Tom Gray***

***Happy Homesteaders Square Dance Club***

Leduc Square Dance Club is pleased to share that we now have 59 members! Since the Pandemic almost shut us down, we think that is great growth!

Youths dancing with their parents have injected fun energy into our weekly dances. They learn fast, laugh & smile during each tip, and even sometimes create their own square in the adjacent room when the Mainstream dancers are on the floor!

With several keen dancers planning and carpooling, visiting other clubs has been a rewarding and fun addition to dancing at home! It confirms that the dance community is indeed friendly and inclusive! In Leduc, the Happy Homesteaders Square Dance Club continues this tradition of friendliness, inclusivity, patient teaching & fun fitness which we have found in other clubs!

Our Homesteader Night, a dinner and dance in the fall was again a fun and very successful event! We had over 100 guests. The food was plentiful and we were happy to welcome our new dancers and longtime friends, who all appreciated the skill, great music collection and endless energy of our world-class Caller, Gary Winter.

Towards a bright future, we were pleased to receive another grant from the City of Leduc. This grant helps us with purchasing and updating street signs that promote our Club quite well: several new dancers have confirmed that they came to join us after seeing the signs on busy Leduc streets!



**CONTINUED**

## ***HAPPY News in Leduc***

***By Dominique Vrolyk & Tom Gray***

***Happy Homesteaders Square Dance Club***

### ***Club Report of February 2024***

Another upcoming event: we were requested to do a presentation for the Leduc Parks, Recreation & Culture Committee... We are busy compiling stories and photos for this, scheduled for mid-March.

Other upcoming events include

- 50s theme night on Wednesday March 6, so dig out your fifties duds (poodle skirts? t-shirts and black leather jackets?) and join us to rock at the sock hop. Admission \$8
- Annual STARS Benefit dance March 27. Admission by donation (suggested minimum \$10) with all proceeds to STARS Foundation. Let's help keep STARS in the sky!

Wind-up Dance April 24 at the MNP Room at Leduc Recreation Center. Every Wednesday we gather at 6:30, as the dancing starts promptly at 6:45pm (-9:30pm). Our dancers are learning SSD with alternate Mainstream teaching tips. Water & coffee are available. For more info on the Leduc Square Dance activities, feel free to visit [leducsquaredance.ca](http://leducsquaredance.ca). We welcome new dancers and Mainstream dancers, as well as our dancing friends from other clubs....

See you on the dance floor!

# LUKES & LUCYS

## Plus Square Dance Club



We are almost through another Plus dance season. Thanks to a major recruiting and support effort, mostly by Peggy Mercanton, all 7 of our newbies will qualify for Plus dancing by March 1.

Peggy brings a carload every Thursday and our more experienced dancers show up early so we usually dance three squares from 7 PM. Ever helpful, Peggy dances Beau position. After 8:15pm, caller Wayne Russell can up the ante a bit for full Plus dancers.

The next calendar entries include the AGM, general meeting for all who dance with Lukes and Lucys; probably April 4. You can have your pick of executive positions by allowing your name to stand for President, Vice President, Secretary, Treasurer, communications. And we will have to decide on fees and memberships for next year. None of these are particularly onerous, but without an executive, there is no club for Thursday Plus.

Our windup this season will be combined with Murray Few and Extra Dance on Thursday 2 May 2024. If you can, bring some finger food for a shared snack after dancing.

This fall we plan to start up on the Thursday 3 October, with a similar program of Newbies first from 7 pm. For that we need another round of students from the mainstream world. Be on the lookout for prospects and bring them for at least a looksee.

Garry Atchison

Home 780 481 8270 landline with recorder.

Cell , text preferred,

587 921 3216, or 780 566 5593

**If you answer  
the phone with  
"Hello, you're on the air!"  
most telemarketers  
will quickly hang up.**



Welcome to the Plamondon Valley Dancers Dance Club.

We dance every Sunday 2-4 at the L`ACFA Building in Plamondon and we usually put signs up with arrows to help find it. The Caller is Phil Sedgwick and the cost is only \$5.

The last Sunday of the month we have a Pot-Luck to celebrate Birthday's and anything else we choose to celebrate.

Our March 17th dance will be a St Patricks Dance and we encourage everyone to wear green.

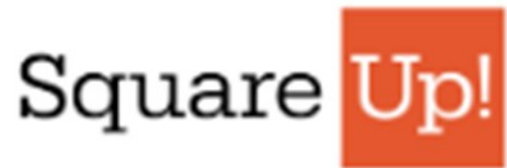
March 23 will be our Pot-Luck in March, as March 31st is Easter and there will be no dancing that day.

Our final dance of the season will be April 28th and we hope to see many of you there.

Cheers Jo







## **Monday Evenings 7 PM to 9 PM**

**Belmead Community League Hall  
9109 182 St NW, Edmonton AB T5T 2Y9**

We had September 2023 and January 2024 new dancer intakes and our club is going strong! Our format is alternating tips, with all dancers on the floor at the beginning and end of the evening. The September 2023 new dancers (and those who have been dancing longer) are progressing through the Mainstream program. The January 2024 group is progressing through the Basic 1 and Basic 2 levels.

We appreciate visitors, and support from other club members. We are thankful for the CDCDA Casino Fund financial support, and we are happy to have a 'hearing assist' device for our club. On a given evening up to 3 dancers at a time have used the device!

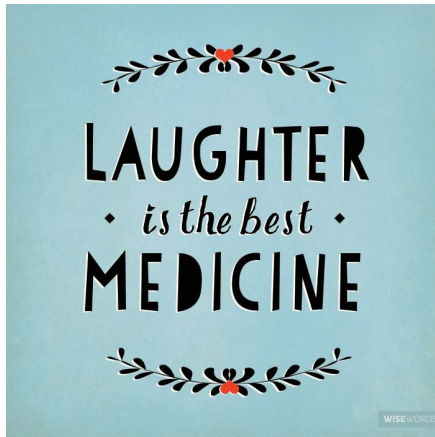
Our season wind-up will be on April 22<sup>nd</sup>. We plan to offer some free 'Dancing in the Park' this summer. Watch for more information!

The next new dancer intake will be September 30th 2024.

**Gary Smith, Caller**

**780 990-4042** [eileensmith778@gmail.com](mailto:eileensmith778@gmail.com)

[www.communitydance.net/square-up](http://www.communitydance.net/square-up)



I went to the paint store to get thinner. It didn't work.

Ran out of toilet paper and now using lettuce leaves. Today was just the tip of the iceberg, and tomorrow remains to be seen.

I accidentally rubbed ketchup in my eyes. Now I have Heinzsight.

*Once upon a time there was a King who was only 12 inches tall. He was a terrible King but he made a great ruler.*

If you boil a funny bone, it becomes a laughing stock. Now that's humerus.

My friend said she wouldn't eat cow's tongue because it came out of a cow's mouth. I gave her an egg.

*Why did the senior cross the road? To get to the early bird special.*

Why do seniors always forget things? Because their hard drives are full.

